

# THE BOOGIE BEAT

## January 2026

### THE PRESIDENT'S CORNER

The officers of the Beach Boppers would like to wish everyone a very happy and healthy new year.

Our After Christmas "Christmas" Dinner/Dance is Saturday, January 24, 2026, and will be held at the Elks Lodge. The flyer is attached to this newsletter. If you haven't made your reservation yet, now is the time to do that. The cut-off date is January 17<sup>th</sup>, at which time we have to have a final count of those attending. Registration forms will be available every Sunday evening at our regular dance.

This is also the time to renew your membership for 2026. The application form is also attached.

There will be dancing this Sunday, January 4<sup>th</sup>. I am sure everyone is ready to get back to our regular dancing schedule.

I would like to take this opportunity to thank everyone for all the well wishes and cards on the passing of my wife Suzanne.

Hope to see you on the dance floor soon.

Frank Umont, President



Officers:

President	Frank Umont	407-332-0666
1 <sup>st</sup> VP	Carolyn Johnson	407-756-0211
2 <sup>nd</sup> VP	Ken Doster	407-480-0716
Secretary	Linda Teeter	407-323-8599
Treasurer	Pat Jones	407-924-2612

Committees:

Membership	Carolyn Johnson
Finance	Pat Jones
By-Laws/Parliamentarian	Lynn O'dell
Ways & Means	Frank Umont
Nominations & Elections	Edward Langolf
Call Tree	Joyce Peters
Social	Carolyn Johnson
Publicity	Linda Teeter
Special Events	The Board

General Information:

**For any changes in your contact information (Phone number, address, e-mail address) please notify Dorothy Berdellans.**

Contacts for:

Website	Ken Doster 407-480-0716
E-Mail	Dorothy Berdellans 407-463-0776
Newsletter	Dorothy Berdellans
Club Chaplains	Tom & Diane Norton 407-310-6992

Articles, pictures, ads and announcements for the newsletter must be submitted by the 25<sup>th</sup> of the month. Please send or e-mail to:

Dorothy Berdellans  
c/o Beach Boppers of Orlando  
P.O. Box 160813  
Altamonte Springs, FL 32716  
Phone: 407-463-0776  
E-Mail: [dorothy@berdellans.com](mailto:dorothy@berdellans.com)

Our website:  
[www.beachboppers.com](http://www.beachboppers.com)

**Check out [www.shagtour.com](http://www.shagtour.com)**

It has a complete listing of dance clubs from around the United States.

**Mission Statement:**

The Beach Boppers of Orlando, Inc. was established in April 1986 to provide its members an opportunity to associate with others who share the enjoyment of dancing to "Carolina Beach Music" and for the advancement and preservation of the bop, shag and related dances.

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Weekly dancing and meetings are held at the Elks Lodge, 4755 Howell Branch Rd., Winter Park, FL 32792.

Dance nights are Sunday nights from 6:00 p.m. to 8:30 p.m. Music is provided by our own DJs for dances including bop, shag, west coast swing, cha-cha & hustle.

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**Monthly Newsletter:**

We hope everyone likes receiving the newsletter by email. If a member wishes to contribute to the newsletter or place ads, please let Dorothy Berdellans (email: [dorothy@berdellans.com](mailto:dorothy@berdellans.com)) know. She is at your command and will be more than excited to assist you!!!!!!!!!!!!

We can now be found on **Facebook:**

Beach Boppers of Orlando

Pass it along to your friends.

**Through the National FastDance Association, our club dance activities are licensed by:**

**ASCAP, BMI & SESAC**

# Happy Birthday to our January Birthday Members!

Joanne "Jo Jo" Testa	5-Jan		Joni Bastian	24-Jan
Patti Scheschuk	10-Jan		Frank Ibbotson	26-Jan
Bob Gianette	22-Jan		Wilbert Werden	29-Jan
Edward Langolf	22-Jan		Ron Petry	30-Jan



## Upcoming February Birthdays:

Anthony Guirrerri	2-Feb		Linda Hennig	21-Feb
Georgette Lynch	2-Feb		John "Bill" Jacobs	25-Feb
Robert Scheschuk	3-Feb		Helen Shaikewitz	26-Feb
Carl Parker	7-Feb		Nancy Newman	28-Feb
Larry Church	13-Feb			





# CHAPLAIN'S CORNER

As the year comes to an end, it's the perfect time to pause and reflect on the experiences, challenges, and memories that shaped the past twelve months. Take time to remember family, friends, and loved ones who are no longer with us.

January is here -- signaling the beginning of a new year and a rejuvenating energy that inspires us to embrace every possibility and adventure that awaits in the days ahead. It is a month of resolutions, fresh starts, and the hopeful anticipation of a year filled with growth, joy, and good news.

"Dear God, thank you for walking me through this past year. I place the next year in your hands. Lead me, guide me and help me to glorify you in all that I do. Amen"

Please remember that we are here for you. If you need us, just call or text.

God bless you all,

Diane & Tom Norton  
Club Chaplains

407-310-6992  
[nortongators@aol.com](mailto:nortongators@aol.com)



**\*\*\*\* Notes of Interest \*\*\*\***

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**NOW HEAR THIS:** Hope everyone had a wonderful Christmas and safe and Happy New Year's Eve celebration. Now we can get back to our regular dancing starting Sunday, January 4, 2026. Looking forward to a better new year and seeing you all soon.

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**AFTER CHRISTMAS "CHRISTMAS" PARTY:** The After Christmas "Christmas" Party will be held at the Elks Lodge this year. The date is Saturday, January 24, 2026. Doors open at 5:30 p.m. Attached to this newsletter is the reservation form for the party. The cut-off date for reservations is Saturday, January 17, 2026. Reservations must be made in advance. We look forward to seeing you there.

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**COLLECTION FOR THE DJ'S:** Every week we collect tips for the DJ's. Just a reminder to our members, new and old, the deejays volunteer their time, supply all the music (which they pay for out of their own pocket) and bring their own equipment. So tipping them is a way for us to say thank you for all that they do. So please, if you can, be a little more generous in your tipping.

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**2026 MEMBERSHIP APPLICATION FORM:** Attached is the 2026 Membership Application form. Remember that your renewal is due no later than January 31<sup>st</sup>. After January 31, the renewal amount goes up to the same amount that a new member would pay.

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**Something to ponder for the New Year .....** (I put this in the newsletter a few years ago and thought it had some interesting information for us about dancing. It was a 21 year study of senior citizens led by the Albert Einstein College of Medicine and published in the New England Journal of Medicine.)

**Some interesting facts about dancing:**

1. Dancing frequently reduces dementia by 76%.
2. Reduces stress and depression.
3. Increases energy, flexibility, strength, balance and endurance.
4. Strengthens bones and boosts cardiovascular health.
5. Increases mental capacity by exercising our cognitive processes, dynamic and rapid-fire decision making, and creates new neural paths.

And remember this – We can't always choose the music life plays for us, but we can choose how we dance to it..

Your Newsletter Gal,

*Dorothy B.*

# “THE CALENDAR”

## JANUARY 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 	2	3
4 Dancing at the Elks Lodge Howell Branch 6:00 – 8:30 pm	5	6	7	8 Board Meeting	9	10 Board Meeting 10:00 a.m.
11 Dancing at the Elks Lodge Howell Branch 6:00 – 9:00 pm	12	13	14	15	16	17 Cut-Off date for reservations for After Christmas “Christmas” Party
18 Dancing at the Elks Lodge Howell Branch 6:30 – 8:30 pm	19	20	21	22	23	24 AFTER CHRISTMAS “CHRISTMAS” PARTY
25 Dancing at the Elks Lodge Howell Branch 6:00 – 8:30 pm	26	27	28	29	30	31



# BEACH BOPPERS OF ORLANDO

## 2026 MEMBERSHIP APPLICATION

**Mission Statement:**

The Beach Boppers of Orlando, Inc., was established in April of 1986 to provide its members an opportunity to associate with others who share the enjoyment of dancing to "Carolina Beach Music" and for the advancement and preservation of the "bop", "shag" and related dance styles.

**We MUST have this completed form for each member. Please DO NOT SAY "same as last year" and couples must fill out individual forms and each must sign the release.**

PLEASE - **CLEARLY PRINT** THE FOLLOWING INFORMATION:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ST: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

If you have an e-mail address, please make sure you write it clearly. We do a lot of notification by e-mail.

**(All information is for the club only and will not be given to others without permission)**

Date of Birth (month & day only) \_\_\_\_\_

I authorize any of the above information may be given to any other **club** member. YES NO

I authorize any of the above information may be used in the Membership Directory YES NO

On what committees would you volunteer to serve (Please check those you are interested in):

Finance  Ways & Means  Social  Publicity  Telephone  Nominations  By-Laws

Referred by: \_\_\_\_\_

In consideration of the mutual benefits derived from membership in the Beach Boppers of Orlando, Inc. and acknowledging that injury may occur while dancing, the undersigned does hereby assume all risks and absolves, releases and waives all liability claims or demands against BBOO, Inc., its officers, board members and each and every member thereof which may arise out of an act related to an injury.

Signature of above applicant: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Please forward this completed form and your check made out to BBOO to:

**Beach Boppers of Orlando P.O. Box 160813 Altamonte Springs, Fl. 32716-0813**

**Membership dues are \$60.00 per calendar year. Current members may renew for the discounted rate of \$50.00 prior to midnight on January 31, 2026.**

PLEASE DO NOT WRITE BELOW THIS LINE

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**For club use only:** Date rec'd \_\_\_\_/\_\_\_\_/\_\_\_\_ Amt. Rec'd \_\_\_\_\_ Cash ( ) Ck# \_\_\_\_\_  
Member # \_\_\_\_\_ Date entered into system \_\_\_\_/\_\_\_\_/\_\_\_\_ Card mailed \_\_\_\_/\_\_\_\_/\_\_\_\_



# BEACH BOPPERS OF ORLANDO

*After Christmas "Christmas" Party*

*Saturday, January 24, 2026*

*at the*

ELKS LODGE

4755 HOWELL BRANCH RD.

WINTER PARK, FL 32792

*Semi-Formal Attire (NO jeans, shorts or T-shirts)*

*Hors d'oeuvres 5:30 p.m. Buffet Dinner 6:30 p.m.*

*Dancing and Cash Bar until 10:00 p.m.*

*50/50 Drawing*

*Members and Guests - \$25 per person*

Member Name:

Guest Name:

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Phone No. -----

Amount Paid:-----

*All Reservations Must be Received by Saturday, January 17, 2026*

*THERE WILL BE NO REFUNDS*

Mail to:

BEACH BOPPERS OF ORLANDO

P.O. BOX 160813

Altamonte Springs, FL 32716